

## Heritage Hills High School Breakfast & Lunch Menu April 2016

### Breakfast Menu Monday thru Friday

**Breakfast \$ 1.80** Breakfast is served with Milk Choice & Fruit Choice. Breakfast is served from 7:25 to 7:45

**Offer vs. Serve:** You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast Wrap or (Cereal or Mini Cinni w/Sausage Patties	Egg & Cheese Biscuit or (Cereal or Mini Cinni w/Sausage Patties) or Pop Tarts	Biscuit & Gravy or (Cereal or Mini Cinni w/Sausage Patties) or Pop Tarts	Breakfast Pizza or (Cereal or Mini Cinni w/Sausage Patties) or Pop Tarts	French Toast Sticks or Pancakes or Cereal or Mini Cinni w/Sausage Patties or Pop Tarts

**Lunch \$ 2.25** Lunch is served with Milk Choice & Fruit Choice

**Offer vs. Serve:** You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.

				1 Pizza Wedges or Cheeseburger or Corn Dog, Fruit, Fries, Veggie Cup, Cookie Salad Bar Baked Potato or Fries, Salad, Croutons, Fruit
4 Stromboli or BBQ Pork Sandwich or Grilled Chicken Sandwich, Apple Wedges, Garden Salad, Cinnamon Swirl Cake Salad Bar Pretzel & Cheese, Salad, Fruit	5 Bosco Sticks w/ Marinara or Turkey and Cheese Melt or Pizza, Potato Bites, Veggie Cup, Fresh Fruit Salad Salad Bar Spaghetti Bar w/Bosco Stick, Salad, Fruit	6 Country Fried Steak w/Roll or Chicken Pot Pie w/Roll or Grilled Chicken Sandwich, Orange Wedges, Green Beans, Mashed Potatoes & Gravy Salad Bar Rattlesnake Bowl, Salad, Fruit	7 Chicken Smackers w/Macaroni & Cheese or BBQ Rib Pattie or Pizza, Fresh Fruit, tossed Romaine Salad & Tomatoes, Cookie Salad Bar Taco, Black & Refried Beans, Rice, Salad, Fruit	8 Pizza Wedges or Corn Dog or Cheeseburger, Fruit, Baked Beans, Fries, Carrot Sticks Salad Bar Baked Potato or Fries, Salad, Croutons, Fruit
11 Beefy Nachos w/Tostitos or Grilled Chicken or Pizza, Apple Salad, Veggie Cup, Refried Beans Salad Bar Nachos, Salad, Fruit	12 Bagel Cheese Bites or BBQ Rib Sandwich or Pizza, Steamed Broccoli & Cheese, Veggie Cup, Fruit Salad, Cookie Salad Bar Chicken Tortilla Soup & Assorted Soup, Salad, Fruit	13 Chicken Nuggets w/Breadstick or Meatball Sub or Grilled Chicken Sandwich, Orange Wedges, Mashed Potatoes, Green Beans Salad Bar Spaghetti Bar w/Bosco, Salad, Fruit	14 Chicken Pattie or Hot Dog or Pizza, Fresh Fruit, Sunflower Seed Salad, Fresh Garden Salad, Blueberry Muffin Salad Bar Taco, Black & Refried Beans, Rice, Salad, Fruit	15 Pizza Wedges or Cheeseburger or Corn Dog, Fruit, Carrot Sticks & Fries Salad Bar Baked Potato or Fries, Salad, Croutons, Fruit
18 Chili Soup w/Cheese & Crackers or Chicken Salad Sandwich or Hamburger, Apple Wedges, Fresh Garden Salad & Tomatoes Salad Bar Pretzel & Cheese, Salad, Fruit	19 Manager's Choice Fresh Fruit Salad, Veggie Cup, Smiley Fries, Chickpeas, Cookie Salad Bar Grilled Chicken Fillet & Breadstick, Salad, Fruit	20 Breaded Pork Steak w/Roll or Meatloaf w/Roll or Pizza, Orange Wedges, Mashed potatoes & Gravy, Green Beans Salad Bar Asian Bar, Rice, Veggies, Salad, Fruit	21 Pepperoni Calzones or Grilled Cheese Sandwich or Hamburger, Fruit, Fries, Carrot Sticks Salad Bar Taco, Black & Refried Beans, Rice, Salad, Fries, Fruit	22 No School  Snow Make-up
25 No School  Snow Make-up Day	26 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Pizza, Broccoli & Cheese, Sweet Potato Rounds, Fruit Salad Bar Rattlesnake Bowl, Salad, Fruit	27 Country Fried Steak w/Roll or Chicken Pot Pie w/Roll or Grilled Chicken Sandwich, Orange Wedges, Mashed Potatoes & Gravy, Green Beans Salad Bar Bosco Sticks w/Marinara, Salad, Fruit	28 Chicken on the Beach w/Tostitos & Rice or Grilled Chicken Sandwich or Pizza, Assorted Fresh Fruit, Tossed Romaine Salad & Tomatoes, Refried Beans Salad Bar Taco, Black & Refried Beans, Rice, Salad, Fruit	29 Pizza Wedges or Corn Dog or Cheeseburger, Fruit, Fries, Carrot Sticks, Cookie Salad Bar Baked Potato or Fries, Salad, Croutons, Fruit

