

## Heritage Hills Schools Breakfast & Lunch Menu March 2019


Breakfast is \$ 1.85 and is served with Milk & Fruit Choice and is served from 7:25 to 7:45 in the Middle School and from 7:25 to 8:10 in the High School

### **BREAKFAST ON THE GO! Middle School Students will be allowed to take their breakfast into the classroom!**

**Offer vs. Serve:** You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

**Lunch is \$ 2.35 and is served with Milk & Fruit Choice**

**Offer vs. Serve:** You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.

French Toast or Mini Cinni w/Sausage or Frudel w/Sausage	Egg & Cheese Biscuit or Mini Cinni w/Sausage or Frudel w/Sausage	Breakfast Burrito or Mini Cinni w/Sausage or Frudel w/Sausage	Breakfast Pizza or Mini Cinni Mini Cinni w/Sausage or Frudel w/Sausage	Omelette or Mini Cinni Mini Cinni w/Sausage or Frudel w/Sausage
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="background-color: #0056b3; color: white; padding: 10px; font-size: 24px; font-weight: bold;">2020</div> <div style="font-size: 36px; font-weight: bold; color: #0056b3;">March</div>  </div>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24	25	26	27	28
<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>
Chicken Patty Sandwich or Hamburger or Corn Dog, Green Beans, Garden Salad, Tomatoes & Croutons, Orange Wedges SALAD BAR: Nachos & Cheese Salad, Fruit	Bosco Sticks w/Marinara or BBQ Rib Sandwich or Grilled Cheese, Peas, Garden Salad, Diced Peaches, Cinnamon Swirl Cake SALAD BAR: Rattle Snake Bowl, Salad, Fruit	Salisbury Steak w/roll or Turkey w/roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple SALAD BAR: Spaghetti w/Breadstick, Salad, Fruit	Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Applesauce Muffin SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	Pizza or Corn Dog or Fish Sandwich, Diced Pears, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chunky Chicken Bites w/Mac & Cheese or Corn Dog or Grilled Cheese Sandwich, Corn, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	Chicken Quesadilla or Beef/Bean Burrito w/cheese or Burger, Spanish Rice, Refried Beans, Garden Salad, Diced Peaches, Cookie SALAD BAR: Chili Soup w/Crackers, Salad, Fruit	Country Fried Steak w/roll or Philly Steak & Cheese Sandwich or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple SALAD BAR: Sub Bar, Salad, Fruit	Pepperoni Calzone or BBQ Rib Sandwich or Fiestada Pizza, Baked Beans, Veggie Cup, Strawberries, Cookie SALAD BAR: Taco, Black Beans & Refried Beans, Rice, Salad, Fruit	Pizza or Corn Dog or Fish Sandwich, Diced Pears, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
<b>16</b>	<b>17 St. Patrick's Day</b>	<b>18</b>	<b>19 1st day of Spring</b>	<b>20</b>
Subs - Turkey or Ham or Philly Steak & Cheese or Meatball, Green Beans, Lettuce, Sliced Tomatoes, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	Beefy Nachos w/Chips or Hot Dog or Burger, Peas, Corn, Garden Salad, Applesauce, Cookie SALAD BAR: Asian Bar w/Rice, Stir Fry Veggies, Salad, Fruit	Salisbury Steak w/roll or Turkey w/roll or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple SALAD BAR: Spaghetti w/Breadstick, Salad, Fruit	Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	Pizza or Corn Dog or Fish Sandwich, Diced Pears, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
23	24	25	26	27
