

Heritage Hills High School Breakfast & Lunch Menu March 2017


Breakfast is \$ 1.80 and is served with Milk Choice & Fruit Choice. Breakfast is served from 7:25 to 7:45

Offer vs. Serve: You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

MONDAY Breakfast Wrap or (Mini Cinni or Frudel w/Sausage Patties) or Yogurt Parfait or Oatmeal Parfait	TUESDAY Egg & Cheese Biscuit or (Mini Cinni or Frudel w/Sausage Patties) or Yogurt Parfait or Oatmeal Parfait	WEDNESDAY Breakfast Calzone or (Mini Cinni or Frudel w/Sausage Patties) or Yogurt Parfait or Oatmeal Parfait	THURSDAY Breakfast Pizza or (Mini Cinni or Frudel w/Sausage Patties) or Yogurt Parfait or Oatmeal Parfait	FRIDAY Pancakes or (Mini Cinni or Frudel w/Sausage Patties) or Yogurt Parfait or Oatmeal Parfait
--	---	--	---	--

Lunch is \$ 2.25 and is served with Milk Choice & Fruit Choice

Offer vs. Serve: You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.

2017		March					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
27 Chicken Fettuccine Alfredo or Grilled Chicken Sandwich or Corn Dog, Garden Salad & Tomatoes, Apple SALAD BAR: Pretzels & Cheese Salad, Fruit	28 Beefy Nachos w/Tostitos or Chicken Patty Sandwich or Burger, Refried Beans, Veggie Cup, Apple Salad, Cookie SALAD BAR: Asian Bar w/Rice, Salad, Fruit	01 Lent Begins Country Fried Steak w/roll or Grilled Chicken Breast w/roll Green Beans, Mashed Potatoes w/Gravy, Orange Wedges SALAD BAR: Bosco Sticks w/Marinara, Salad, Fruit	02 Chicken on the Beach w/Tostitos & Rice or Chicken Patty Sandwich or Burger, Refried Beans, Romaine Salad & Tomatoes, Fruit, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	03 Pizza or Fish Sandwich or Burger, Fruit, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit			
06 Bosco Stuffed Crust Pizza or Chicken Patty Sandwich or Burger, Green Beans, Corn, Garden Salad, BaBy Carrots, Apple SALAD BAR: Nachos & Cheese, Salad, Fruit	07 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Pizza, Corn, Romaine Salad, BaBy Carrots, Fruit, Cookie SALAD BAR: Asian Bar w/Rice, Salad, Fruit	08 Salisbury Steak w/roll or Meatloaf w/roll or Grilled Chicken Breast w/roll, Green Beans, Mashed Potatoes w/Gravy, Orange Wedges SALAD BAR: Chili Soup w/Crackers, Salad, Fruit	09 Pepperoni Calzone or Grilled Cheese or Burger, Baked Beans, Veggie Cup, Fruit, Brownie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	10 Pizza or Fish Sandwich or Burger, Fruit, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit			
13 Chicken Chunks w/Mac-n-Cheese or BBQ Pork Sandwich or Chicken Sand, Baked Beans, Corn, Romaine Salad, BaBy Carrots, Apple SALAD BAR: Pretzels & Cheese Salad, Fruit	14 Bosco Stuffed Crust Pizza or Chicken Patty Sandwich or Corn Dog, Corn, Green Beans, Salad, Baby Carrots, Fruit, Cookie. SALAD BAR: Spaghetti w/Bosco Stick, Salad, Fruit	15 Pizza Casserole w/roll or Chicken Pot Pie w/roll or Burger, Steamed Broccoli, Orange Wedges SALAD BAR: Bosco Sticks w/Marinara, Salad, Fruit	16 Chicken on the Beach w/Tostitos & Rice or Chicken Patty Sandwich or Burger, Refried Beans, Romaine Salad & Tomatoes, Fruit, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	17 St. Patrick's Day Pizza or Fish Sandwich or Burger, Fruit, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit			
20 Sloppy Beefy Scoops or Chicken Patty Sandwich or Sloppy Joe Sandwich, Garden Salad, Curly Fries, Green Beans, Apple SALAD BAR: Nachos & Cheese, Salad, Fruit	21 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Burger, Baked Beans, Romaine Salad, BaBy Carrots, Fruit, Cookie SALAD BAR: Rattle Snake Bowl, Salad, Fruit	22 BBQ Chicken (Leg w/wing, Breast, Thigh w/back) w/roll or BBQ Rib Sandwich or Grilled Chicken Sandwich, Baked Beans, Orange Wedges SALAD BAR: Potato Soup w/Crackers, Salad, Fruit	23 Pepperoni Calzone or Grilled Cheese or Burger, Baked Beans, Veggie Cup, Fruit, Brownie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	24 Pizza or Fish Sandwich or Burger, Fruit, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit			
27 	28 	29 	30 	31 